



**Jennifer Donnelly**

**ACCREDITED PRACTISING DIETITIAN**

MDiet, BAppSci(Lab Med), DipBus(FLM), GCert(Nutri)

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*Providing Expert Nutrition Advice*

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## **DIETITIAN AT VICTORIA HARBOUR MEDICAL CENTRE**

### **Jennifer Donnelly APD**

*MDiet, BAppSci (Lab Med), DipBus(FLM), GCert (Nutri)*

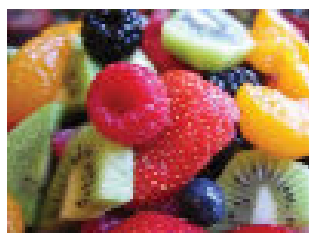
Jennifer Donnelly is an Accredited Practising Dietitian with qualifications including a Master of Dietetics and Graduate Certificate of Human Nutrition from Deakin University. She also has over 10 year's experience as a Medical Scientist within research and diagnostic settings.

Jennifer's Dietetic experience includes clinical work within major Melbourne and rural hospitals with areas including acute, rehabilitation, renal dialysis, oncology and aged care. She also has experience in health promotion at the corporate level. Jennifer's private practice work complements her clinical work allowing her to work with patients on a longer-term basis to achieve their nutrition-related goals which she finds highly rewarding.

Her areas of practice include general dietary and nutrition advice, weight management (including VLED program), diabetes (all types), various GI disorders (including IBS, IBD and coeliac) women's health (including PCOS, pregnancy and pregnancy planning), renal disease including dialysis, gastric surgery, cardiovascular disease, osteoporosis, nutrient deficiencies, malnutrition, underweight, children's eating behaviours amongst many more nutritional lifestyle and medical conditions.

As a type 1 diabetic, Jennifer has first-hand experience of the challenges an individual faces in dealing with chronic disease. Her approach involves educating, motivating and supporting patients to implement realistic, practical and sustainable evidence-based strategies to achieve their nutrition and health related goals. As a consequence, is well-resourced to offer ways to troubleshoot the challenges one faces in implementing positive health change.

Jennifer is a strong advocate for prioritising a healthy lifestyle as a key foundation to self-confidence, success and happiness.



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